# Be a voice for change





# Mihi Whakatau

Ko te Kaahu o te rangi Ko ngaa manaakitanga a te Runga Rawa

He hoonore he korooria ki te Atua He maungaarongo ki te whenua He whakaaro pai ki ngaai taatou ahakoa ko wai ahakoa no whea Arohaina teetehi ki teetehi Paimaarire kia taatau kaatoa

## **IUE Team**

Iwi United Engaged (IUE) is committed to advancing Māori health and wellbeing through the development of culturally informed and relevant research



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# Kairangahau team

Kia ora tātau Ko Rangitoto te maunga Ko Hauraki te awa Nō Toronto, Canada ahau Ko Michelle Wise tōku ingoa



Kia ora tātau Ko Maungawhau te maunga Ko Newcastle takutai te moana Nō Newcastle, Australia ahau Ko Ashleigh O'Mara Baker tōku ingoa



Our goal is to achieve *Pae Ora* through research that is informed by Māori to ensure effective and safe health outcomes

It is well documented that inequities exist for Māori in healthcare. We acknowledge the mana wāhine Māori carry as whare tangata and the importance of whānau during any hapūtanga experience.

# Hei tiakina i ngā mana o te Iwi

To protect the mana of the people the research team and IUE are offering an opportunity for you to be involved in informing relevant and equitable change in how early medical abortions are followed up.

#### **PURPOSE OF THIS KAUPAPA**

We want to find the most safe and effective way to follow up early medical abortion (EMA) that is culturally responsive and respectful.

#### **HOW WILL THE STUDY WORK**

Wāhine hapū/pregnant people who agree to be part of the study will be allocated to one of 2 groups. Your clinician will advise you which group you have been allocated to. One group will carry out the blood test follow up. The other group will carry out the at-home urine test.



Please take the time to consider this opportunity and discuss it with your whānau if that suits you. If you are interested in contributing to this kaupapa, our rangahau team or your health practitioner will be able to discuss the study with you further and provide you with more information

To kaha To haerenga To whiringa Your strength, your journey, your choice

# BENEFITS AND RISKS OF BEING INVOLVED IN THE STUDY

#### **Benefits**

- You will receive high quality care in both groups of the study
- You will be part of informing BEST PRACTICE that are made about the health care services provided for EMA follow up
- It is free to participate and you will receive a \$20 petrol or grocery voucher for your contribution to the study
- If you change your mind about contributing to the study you can withdraw at any time
- Your information and procedures will be kept confidential and all your information used in the study will be deidentified to protect your privacy
- If you feel you need further support there are Māori health supports or health advocates you can speak to
- You can request to know how your contribution has made an impact on the health care services in Aotearoa

### **Risks**

- We do not see any risks to being part of the study (that fall outside of the normal early medical abortion (EMA) process)
- We acknowledge this can be a difficult time. If for any reason your contribution to the study becomes further distressing, appropriate support can be arranged by services outside of the rangahau team

# **MĀORI DATA SOVEREIGNTY**

Māori data sovereignty is about protecting information or knowledge that is about (or comes from) Māori people. We recognise the taonga of the data collected for this study. To help protect this taonga: • We have Māori researchers in our research team to advise on the collection, ownership, and use of study data. • We allow Māori organisations to access deidentified study data, for uses that may benefit Māori. • The research questions and study design have been planned from the outset in collaboration with Māori colleagues and Māori members of the research team.